



IN SUPPORT OF
**HELP for
HEROES**

GYM *for* HEROES

Heroes helping each other

Event Number: 20101004-5494-8404

9th-22nd July 2011

Our gym is participating in Gym for Heroes

To register and for full details -

visit www.gymforheroes.co.uk

Go on - you can do it!

*Join the biggest nationwide challenge
to raise money for Help for Heroes*



OUR UNIQUE IDENTIFICATION CODE