



### ***Mount Snowdon Challenge Record***

***Paddy Doyle recently set another impressive endurance record, a speed march up Mount Snowdon along the Llanberis Path {North Wales} carrying a 65 lb back pack which was completed in 4 hrs, 54 min's, 28 sec's and was his 180<sup>th</sup> endurance record.***

***Paddy has entered himself into to Gym for Heroes Challenge and plans to break a record at the end of July specifically to coincide with the event. Good luck Paddy.***

### ***The Gym for Heroes Team***

See [www.worldendurancechampion.co.uk](http://www.worldendurancechampion.co.uk) for further information on Paddy Doyle

<http://www.bmycharity.com/v2/gymforheroes>  
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<http://www.justgiving.com/Gym-for-Heroes-2010>

